

OCTOBER 2023

BREAKFAST

ALL BREAKFAST INCLUDES A MAIN DISH
OR COLD CEREAL, FRUIT AND A MILK OR JUICE

LUNCH

ALL LUNCH INCLUDES MAIN DISH OR YOGURT & GRANOLA
A FRUIT, HOT VEGETABLE, SALAD BAR AND A MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">2</p> <p><u>BREAKFAST</u> Churro <u>LUNCH</u> Chicken Nuggets or Yogurt & Granola</p>	<p style="text-align: right;">3</p> <p><u>BREAKFAST</u> French Toast <u>LUNCH</u> Walking Taco or Yogurt & Granola</p>	<p style="text-align: right;">4</p> <p><u>BREAKFAST</u> Muffin <u>LUNCH</u> Meatloaf or Yogurt & Granola</p>	<p style="text-align: right;">5</p> <p><u>BREAKFAST</u> Scramble Eggs & Potatoes <u>LUNCH</u> Chicken Sandwich or Yogurt & Granola</p>	<p style="text-align: right;">6</p> <p><u>BREAKFAST</u> Breakfast Pizza <u>LUNCH</u> Cheese Pizza or Yogurt & Granola</p>
<p style="text-align: right;">9</p> <p><u>COLUMBUS DAY</u> NO SCHOOL</p>	<p style="text-align: right;">10</p> <p><u>BREAKFAST</u> Pancake on a Stick <u>LUNCH</u> Bean & Cheese Burrito or Yogurt & Granola</p>	<p style="text-align: right;">11</p> <p><u>BREAKFAST</u> Donut <u>LUNCH</u> Orange Chicken W/ Rice or Yogurt & Granola</p>	<p style="text-align: right;">12</p> <p><u>BREAKFAST</u> Oatmeal <u>LUNCH</u> Hot Dog or Yogurt & Granola</p>	<p style="text-align: right;">13</p> <p><u>BREAKFAST</u> Cinnamon Toast <u>LUNCH</u> Pepperoni Pizza or Yogurt & Granola</p>
<p style="text-align: right;">16</p> <p><u>BREAKFAST</u> Tornado <u>LUNCH</u> Corn Dog or Yogurt & Granola</p>	<p style="text-align: right;">17</p> <p><u>BREAKFAST</u> Waffle <u>LUNCH</u> Quesadilla or Yogurt & Granola</p>	<p style="text-align: right;">18</p> <p><u>BREAKFAST</u> Bagel <u>LUNCH</u> Lasagna or Yogurt & Granola</p>	<p style="text-align: right;">19</p> <p><u>BREAKFAST</u> Scrambled Eggs & Bacon <u>LUNCH</u> Hamburger or Yogurt & Granola</p>	<p style="text-align: right;">20</p> <p><u>BREAKFAST</u> Biscuits & Gravy <u>LUNCH</u> Cheese Pizza or Yogurt & Granola</p>
<p style="text-align: right;">23</p> <p><u>BREAKFAST</u> Breakfast Burrito <u>LUNCH</u> Sloppy Joe or Yogurt & Granola</p>	<p style="text-align: right;">24</p> <p><u>BREAKFAST</u> Pancake <u>LUNCH</u> Nachos or Yogurt & Granola</p>	<p style="text-align: right;">25</p> <p><u>BREAKFAST</u> Muffin <u>LUNCH</u> Spaghetti or Yogurt & Granola</p>	<p style="text-align: right;">26</p> <p><u>BREAKFAST</u> Brown Sugar Grits <u>LUNCH</u> BBQ Chicken Sandwich or Yogurt & Granola</p>	<p style="text-align: right;">27</p> <p><u>BREAKFAST</u> Cinnamon Rolls <u>LUNCH</u> Cheese Pizza or Yogurt & Granola</p>
<p style="text-align: right;">30</p> <p><u>BREAKFAST</u> Churro <u>LUNCH</u> Chicken Nuggets or Yogurt & Granola</p>	<p style="text-align: right;">31</p> <p><u>BREAKFAST</u> French Toast <u>LUNCH</u> Walking Taco or Yogurt & Granola</p>			