







November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <u>BREAKFAST</u> Scrambled Eggs & Potatoes <u>LUNCH</u> Tacos or Yogurt W/ Granola	2 <u>BREAKFAST</u> Tornados <u>LUNCH</u> Beef Mac & Cheese or Yogurt W/ Granola	3 <u>BREAKFAST</u> Pancake <u>LUNCH</u> Hot Dog or Yogurt W/ Granola	4 <u>BREAKFAST</u> Cinnamon Roll <u>LUNCH</u> Sausage Pizza or Yogurt W/ Granola
7 <u>BREAKFAST</u> Donut <u>LUNCH</u> Chicken Nuggets Or Yogurt W/ Granola No Salad Bar	8 <u>BREAKFAST</u> Oatmeal <u>LUNCH</u> Burrito Or Yogurt W/ Granola No Salad Bar	9 <u>BREAKFAST</u> Churro <u>LUNCH</u> Corn Dog Or Yogurt W/ Granola No Salad Bar	10 <u>BREAKFAST</u> Choice of Muffin <u>LUNCH</u> Thanksgiving Lunch No Salad Bar	11 
14 <u>BREAKFAST</u> Pancake On a Stick <u>LUNCH</u> Chili Or Yogurt W/ Granola	15 <u>BREAKFAST</u> Breakfast Burrito <u>LUNCH</u> Nacho Or Yogurt W/ Granola	16 <u>BREAKFAST</u> Waffle <u>LUNCH</u> Sweet & Sour Pork W/Rice Or Yogurt W/ Granola	17 <u>BREAKFAST</u> Banana Bread <u>LUNCH</u> Chicken noodle Soup Or Yogurt W/ Granola	18 <u>BREAKFAST</u> Oatmeal <u>LUNCH</u> Ham Pizza Or Yogurt W/ Granola
21	22 	23 	24 	25
28 <u>BREAKFAST</u> Bagel <u>LUNCH</u> Chicken Nuggets Or Yogurt W/ Granola No Salad Bar	29 <u>BREAKFAST</u> Apple Bread <u>LUNCH</u> Quesadilla Or Yogurt W/ Granola No Salad Bar	30 <u>BREAKFAST</u> Pancake <u>LUNCH</u> Chicken Alfredo Or Yogurt W/ Granola No Salad Bar		

****MENU SUBJECT TO CHANGE WITHOUT NOTICE****

This institution is an equal opportunity provider.

Students that bring cold lunch should bring their own silverware (NO knives, please).

Please **DO NOT** send packages that your child cannot open.

****BREAKFAST INCLUDES****

A main dish or cold cereal, a fruit and a milk

****LUNCHES INCLUDE****

A main dish or yogurt w/granola, a fruit, hot vegetable, salad bar, and a milk